

# Armor of God The Belt of Truth

Stand therefore, having fastened on the belt of truth... —Ephesians 6:14

### MAIN IDEAS

- 1. We start with truth
- 2. We stand on truth
- 3. We live by truth
  - a. Yield Daily
  - b. Choose Consistently
  - c. Live Openly

For what purpose was Jesus born, according to John 18:37?

What was Pilate's response to Jesus in John 18:38? What did he mean?

Does the world respond to the idea of truth as Pilate did? What does that mean for us and our calling to truth?

What is the answer to Pilate's question? Consider: Psalm 119:142, John 17:17, John 14:6.

How does truth help us to stand firm against the enemy?

What should accompany truth in our lives, according to Ephesians 4:15? Do these things conflict with each other? Or do they work together?

### PERSONAL RESPONSE

When are you most tempted to compromise on the truth, either in thought, word, or deed? Why is the truth hard?

When are you most tempted to speak truth without love?

When have you thought, spoken, or lived out a truth in love?

Choose a verse from the sermon or study and meditate on it this week.

### Pray:

- Thank God for the truth he has given us.
- Ask for lies you believe to be exposed so you can confess and reject them.
- Ask for opportunities and courage to speak the truth in love.
- Ask for the wisdom and faith to act on the truths He has revealed to you.

Seek the truth this week.

## REPRODUCE

Lovingly say something true to someone this week. Don't get discouraged if they don't believe you. You're merely planting a seed. (1 Corinthians 3:6-8)

Lead by example. Live out James 5:12.

Watch for truth in others. Encourage them when they have a victory over a lie, and celebrate with them.

# **KEY VERSES**

### From the sermon:

• Ephesians 6:14-18

• Luke 9:23-24

• 1 Peter 2:12

### From the study:

• John 18:37-38

• 1 Corinthians 11:1

• 1 John 2:6

• Psalm 119:142

• John 17:17

• John 14:6

• Ephesians 4:15

• 1 Corinthians 3:6-8

• James 5:12