

Life Verses

Quiet Courage in the Lord

Exodus 14:14

The Lord will fight for you, and you have only to be silent.

MAIN IDEAS

1. Don't Be Afraid
2. Stand Firm
3. Be Still

Fear can be a snare, according to Proverbs 29:25. What did giving into fear produce in 1 Samuel 15:24?

What overcomes fear, according to 1 John 4:18? What does this look like?

Standing firm requires solid ground to stand on. What does scripture say are firm foundations? Consider 1 Corinthians 3:11, Ephesians 2:19-20, Matthew 7:24-25, Hebrews 6:1-2, and 1 Timothy 6:18-19. Why are these foundations solid?

How do these foundations enable us to stand firm?

Consider these apparent contradictions. How do we reconcile them?

- Psalm 37:7 says, “be still”, but Exodus 14:15 says, “go forward”.
- Exodus 14:14 says, “be silent”, but Esther 4:14 says, “if you keep silent ... you and your father's house will perish.”

PERSONAL RESPONSE

When have you acted (or refrained from acting) out of fear? Keep in mind that our coping mechanisms for fear can sometimes look like anger or attempts to control others.

How has faith in God affected your ability to stand firm?

When has God protected you, been your refuge, or fought your battles for you?

Why is it hard to be still and silent in the face of troubles? How can you be still and silent?

Are you in a no-win scenario? Be still and make Psalm 57:1 your prayer.

Has God given you a task? Get moving and make Psalm 119:60 your prayer.

Select a passage from the study and meditate on it this week.

REPRODUCE

Do you know someone who is afraid? How can you come alongside them and help them defeat fear, stand firm, or be still?

Do you know someone who is stuck in inaction? How can you encourage them to walk the path God has called them to?

KEY VERSES

From the sermon:

- John 16:33
- Exodus 1:6-7
- Exodus 2:23-25
- Exodus 14:5-15
- 2 Kings 6:13-17
- Ephesians 6:10-18
- Psalm 27:14
- Psalm 46:10
- Psalm 37:7
- Proverbs 20:22

Additional verses from the study:

- 1 Samuel 15:24
- 1 John 4:18
- Proverbs 29:25
- 1 Corinthians 3:11
- Ephesians 2:19-20
- Matthew 7:24-25
- Hebrews 6:1-2
- 1 Timothy 6:18-19
- Esther 4:14